

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: STZ

Coachinfo: Warming up from: 08:00 untill 09:25. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

Coaches: Januarius Bart

Coaches: Januarius Elke HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:1, starttime: 09:30
Heat: 1/8 Lane : 1 Athlete: VAN ROYE YANE					Q-time: 99:99:99
PB (25m pool): 01:31.40 Sint-Pieters-Leeuw 06/10/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:31.40	
	no time				
					

Coach feedback:

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:1, starttime: 09:30
Heat: 1/8 Lane : 6 Athlete: DHONDT ANNELIEN					Q-time: 99:99:99
PB (25m pool): 01:16.14 LEUVEN - Sportoase 22/12/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.67		01:16.14	
	00:35.67				00:40.47
					

Coach feedback:

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 09:32
Heat: 2/8 Lane : 3 Athlete: AKCHICH NOUR					Q-time: 01:36:50
PB (25m pool): 01:36.50 Tournai 18/01/2026					PB (50m pool): no time SB: 01:36.50 Tournai 18/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.66		01:36.50	
	00:45.66				00:50.84
					

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 09:32
Heat: 2/8 Lane : 4 Athlete: PEETERS RUCHE ALICIA					Q-time: 01:36:51
PB (25m pool): 01:36.51 Tienen 26/10/2025					PB (50m pool): no time SB: 01:36.51 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:36.51	
	no time				
					

Coach feedback:

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 09:32
Heat: 2/8 Lane : 5 Athlete: DOYEN LAURE					Q-time: 01:37:20
PB (25m pool): 01:37.20 Liedekerke 11/11/2025					PB (50m pool): no time SB: 01:37.20 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:37.20	
	no time				
					

Coach feedback:

Event number: 1: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 09:34
Heat: 3/8 Lane : 1 Athlete: VANDERBEKEN SHAI'NA					Q-time: 01:29:87
PB (25m pool): 01:29.87 Liedekerke 11/11/2025					PB (50m pool): no time SB: 01:29.87 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:29.87	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:2, starttime: 09:48
Heat: 2/11 Lane : 2 Athlete: DHONDT MICHIEL					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 2: 100M MEDLEY MEN 11+					Heat:3, starttime: 09:51
Heat: 3/11 Lane : 1 Athlete: PEETERS TIBO					Q-time: 01:49:80
PB (25m pool): 01:49.80 Tournai 18/01/2026					PB (50m pool): no time SB: 01:49.80 Tournai 18/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.90		01:49.80	
	00:53.90		00:55.90		
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:3, starttime: 09:51
Heat: 3/11 Lane : 3 Athlete: CLAESSENS MATTIZ					Q-time: 01:46:65
PB (25m pool): 01:46.65 Tienen 26/10/2025					PB (50m pool): no time SB: 01:46.65 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:46.65	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:4, starttime: 09:53
Heat: 4/11 Lane : 1 Athlete: SZAUKA DAVID					Q-time: 01:41:91
PB (25m pool): 01:41.91 Sint-Pieters-Leeuw 05/10/2025					PB (50m pool): no time SB: 01:41.91 Sint-Pieters-Leeuw 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:41.91	
	no time				
					

Coach feedback:

Event number: 2: 100M MEDLEY MEN 11+					Heat:4, starttime: 09:53
Heat: 4/11 Lane : 5 Athlete: DESMET FINN					Q-time: 01:41:23
PB (25m pool): 01:41.23 Liedekerke 11/11/2025					PB (50m pool): no time SB: 01:41.23 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:41.23	
	no time				
					

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 2: 100M MEDLEY MEN 11+					Heat:7, starttime: 09:59
Heat: 7/11 Lane : 6 Athlete: PEETERS KOBE					Q-time: 01:18:63
PB (25m pool): 01:18.63 Tournai 18/01/2026					PB (50m pool): no time SB: 01:18.63 Tournai 18/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.13		01:18.63	
	00:38.13		00:40.50		
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:1, starttime: 10:08
Heat: 1/4 Lane : 2 Athlete: AKCHICH ABDELLAH					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:1, starttime: 10:08
Heat: 1/4 Lane : 3 Athlete: BAS TITUS					Q-time: 99:99:99
PB (25m pool): 02:11.16 Sint-Pieters-Leeuw 05/10/2025					PB (50m pool): no time SB: 02:11.16 Sint-Pieters-Leeuw 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:59.47		02:11.16	
	00:59.47		01:11.69		
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:2, starttime: 10:11
Heat: 2/4 Lane : 2 Athlete: SERMON MAX					Q-time: 02:13:75
PB (25m pool): 02:13.75 Sint-Pieters-Leeuw 01/03/2026					PB (50m pool): no time SB: 02:13.75 Sint-Pieters-Leeuw 01/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		01:01.70		02:13.75	
	01:01.70		01:12.05		
					

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:2, starttime: 10:11
Heat: 2/4 Lane : 3 Athlete: GEERTS FIL					Q-time: 02:02:26
PB (25m pool): 02:02.26 Liedekerke 11/11/2025					PB (50m pool): no time SB: 02:02.26 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:57.84		02:02.26	
	00:57.84		01:04.42		
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:2, starttime: 10:11
Heat: 2/4 Lane : 4 Athlete: SIJSSENS FINN					Q-time: 02:03:81
PB (25m pool): 02:03.81 Sint-Pieters-Leeuw 01/03/2026					PB (50m pool): no time SB: 02:03.81 Sint-Pieters-Leeuw 01/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:57.85		02:03.81	
	00:57.85		01:05.96		
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:2, starttime: 10:11
Heat: 2/4 Lane : 5 Athlete: PEETERS RUCHE MATHIAS					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:3, starttime: 10:14
Heat: 3/4 Lane : 1 Athlete: SAADEH AMIEN					Q-time: 02:01:21
PB (25m pool): 02:01.21 Sint-Pieters-Leeuw 01/03/2026					PB (50m pool): no time SB: 02:01.21 Sint-Pieters-Leeuw 01/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:57.81		02:01.21	
	00:57.81		01:03.40		
					

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:3, starttime: 10:14
Heat: 3/4 Lane : 2 Athlete: VANDER STRAETEN SEM					Q-time: 01:58:09
PB (25m pool): 01:58.09 Dilbeek 11/05/2025					PB (50m pool): no time SB: 01:59.62 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:57.64		01:58.09	
	00:57.64		01:00.45		
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:3, starttime: 10:14
Heat: 3/4 Lane : 4 Athlete: VAN THIENEN JULIETTE					Q-time: 01:52:89
PB (25m pool): 01:52.89 Sint-Pieters-Leeuw 01/03/2026					PB (50m pool): no time SB: 01:52.89 Sint-Pieters-Leeuw 01/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.67		01:52.89	
	00:52.67		01:00.22		
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:3, starttime: 10:14
Heat: 3/4 Lane : 5 Athlete: VAN ELEWIJCK CATH					Q-time: 02:00:54
PB (25m pool): 02:00.54 Sint-Pieters-Leeuw 01/03/2026					PB (50m pool): no time SB: 02:00.54 Sint-Pieters-Leeuw 01/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:56.28		02:00.54	
	00:56.28		01:04.26		
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:4, starttime: 10:16
Heat: 4/4 Lane : 2 Athlete: HALLET SIBBE					Q-time: 01:49:38
PB (25m pool): 01:49.38 Liedekerke 11/11/2025					PB (50m pool): no time SB: 01:49.38 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.98		01:49.38	
	00:52.98		00:56.40		
					

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:4, starttime: 10:16
Heat: 4/4 Lane : 3 Athlete: JANUARIUS JEF					Q-time: 01:45:77
PB (25m pool): 01:45.77 Sint-Pieters-Leeuw 01/03/2026					PB (50m pool): no time SB: 01:45.77 Sint-Pieters-Leeuw 01/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.23		01:45.77	
	00:50.23		00:55.54		
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:4, starttime: 10:16
Heat: 4/4 Lane : 4 Athlete: DE VRIESE LEON					Q-time: 01:46:13
PB (25m pool): 01:46.13 Sint-Pieters-Leeuw 01/03/2026					PB (50m pool): no time SB: 01:46.13 Sint-Pieters-Leeuw 01/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.71		01:46.13	
	00:50.71		00:55.42		
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:4, starttime: 10:16
Heat: 4/4 Lane : 5 Athlete: HAAN MAXIMILIAAN					Q-time: 01:50:98
PB (25m pool): 01:50.98 Sint-Pieters-Leeuw 01/03/2026					PB (50m pool): no time SB: 01:50.98 Sint-Pieters-Leeuw 01/03/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.56		01:50.98	
	00:52.56		00:58.42		
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:4, starttime: 10:16
Heat: 4/4 Lane : 6 Athlete: STEELS WOUT					Q-time: 01:51:66
PB (25m pool): 01:51.66 Sint-Pieters-Leeuw 05/10/2025					PB (50m pool): no time SB: 01:51.66 Sint-Pieters-Leeuw 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.88		01:51.66	
	00:53.88		00:57.78		
					

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 4: 50M BUTTERFLY WOMEN 11+			Heat:1, starttime: 10:39
Heat: 1/7 Lane : 3 Athlete: DHONDT ANNELIEN			Q-time: 99:99:99
PB (25m pool): 00:35.00 LEUVEN 24/11/2024			PB (50m pool): 00:33.97 SB: no time
	2 5 M	5 0 M	
PB		00:35.00	
		00:35.00	
			

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+			Heat:1, starttime: 10:39
Heat: 1/7 Lane : 4 Athlete: VANDERBEKEN SHAÏNA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+			Heat:2, starttime: 10:40
Heat: 2/7 Lane : 3 Athlete: PEETERS RUCHE ALICIA			Q-time: 00:45:38
PB (25m pool): 00:45.38 Dilbeek 28/09/2025			PB (50m pool): 00:44.59 SB: 00:45.38 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:45.38	
		00:45.38	
			

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+			Heat:2, starttime: 10:40
Heat: 2/7 Lane : 4 Athlete: AKCHICH NOUR			Q-time: 00:48:45
PB (25m pool): no time			PB (50m pool): 00:48.45 SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 4: 50M BUTTERFLY WOMEN 11+			Heat:3, starttime: 10:42
Heat: 3/7 Lane : 6 Athlete: VAN ROYE YANE			Q-time: 00:44:19
PB (25m pool): no time PB (50m pool): 00:44.19 SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+			Heat:1, starttime: 10:48
Heat: 1/7 Lane : 2 Athlete: PEETERS KOBE			Q-time: 99:99:99
PB (25m pool): 00:43.39 Gent 23/02/2025 PB (50m pool): 00:50.12 SB: no time			
	2 5 M	5 0 M	
PB		00:43.39	
	00:43.39		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+			Heat:1, starttime: 10:48
Heat: 1/7 Lane : 5 Athlete: SZAUKA DAVID			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+			Heat:2, starttime: 10:49
Heat: 2/7 Lane : 1 Athlete: CLAESSENS MATTIZ			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Feryn Sprint Cup 26: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 5: 50M BUTTERFLY MEN 11+			Heat:2, starttime: 10:49
Heat: 2/7 Lane : 2 Athlete: DESMET FINN			Q-time: 00:46:77
PB (25m pool): 00:46.55 Overijse 30/11/2024			PB (50m pool): 00:46.77 SB: no time
	2 5 M	5 0 M	
PB		00:46.55	
		00:46.55	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11+			Heat:2, starttime: 11:15
Heat: 2/6 Lane : 4 Athlete: DOYEN LAURE			Q-time: 00:43:86
PB (25m pool): 00:42.41 Tienen 26/12/2023			PB (50m pool): no time SB: 00:43.86 LEUVEN 23/11/2025
	2 5 M	5 0 M	
PB		00:42.41	
		00:42.41	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:1, starttime: 11:23
Heat: 1/7 Lane : 2 Athlete: DHONDT MICHEL			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:2, starttime: 11:25
Heat: 2/7 Lane : 1 Athlete: PEETERS TIBO			Q-time: 00:54:31
PB (25m pool): 00:54.31 LEUVEN 23/11/2025			PB (50m pool): 00:59.72 SB: 00:54.31 LEUVEN 23/11/2025
	2 5 M	5 0 M	
PB		00:54.31	
		00:54.31	
			

Coach feedback: